

Basic Nursing Therapeutics Exam 1

SECTION A

MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. Choose the best description of critical thinking
 - A. Thinking that results in putting in place activities related to an accepted standard
 - B. Thinking resulting in acts of wonder, shame and anxiety
 - C. Thinking that makes one attached to friends or colleagues for direction
 - D. Thinking that excites the thinker and reminds of desired future achievements

2. People identifying themselves on the basis of ancestral heritage is a form of:
 - A. Racism
 - B. Ethnicity
 - C. Subculture
 - D. Minority

3. Stereotyping is:
 - A. Discriminating a less powerful group
 - B. Describing a group of people negatively
 - C. Viewing one's own culture as the only standard
 - D. Profiling and treating people based on their skin color

4. The following are forms of nonverbal communication except:
 - A. Voice tone
 - B. Rate of speech
 - C. Body posture
 - D. Books

5. The theorist who came up with a hierarchical framework of human needs is:
 - A. Eric Erickson
 - B. Sigmund Freud
 - C. Jean Piaget
 - D. Abraham Maslow

6. The first physical assessment technique a nurse uses to obtain objective data is:
 - A. Inspection
 - B. Interviewing
 - C. Taking TPR
 - D. Palpation

7. The body's thermostat is:
 - A. Progesterone
 - B. The pituitary gland
 - C. The hypothalamus
 - D. The brain

8. Nosocomial infection refers to:
 - A. Infections through the nose
 - B. Infections brought to the hospital by visitors
 - C. Hospital-acquired infections
 - D. Surgery related infections

9. The chain of infection is composed of some of the following:
 - A. Infectious Agent, Susceptible Host and Environment
 - B. Infectious Agent, Mode of Transmission, Susceptible Host
 - C. Time of infection, Place of infection and Person infected
 - D. Client Resistance, Drug Resistance, Microorganism Resistance

10. A drug that is ordered to be given as needed is abbreviated as:
 - A. PRN
 - B. BID
 - C. TID
 - D. QID

11. Which of the following factors is not true about slowing intravenous fluid flow rate?
 - A. Height of the solution container is low
 - B. Position of the hand with an IV line is not bent
 - C. The tubing is kinked
 - D. There is a blood clot at start of the needle.

12. Fluids that would be given to a patient with hypovolemia is:
 - A. Colloid solutions
 - B. Hypertonic fluids
 - C. Crystalloid solutions
 - D. Isotonic fluids

13. When tissue layers move on each other to cause pressure ulcers, this is called:
 - A. Shearing
 - B. Friction
 - C. Pinching
 - D. Rubbing

14. The movement across membranes of ions and molecules from an area of lesser concentration to an area of greater concentration is:
 - A. Diffusion
 - B. Osmosis
 - C. Active Transport
 - D. Filtration

15. Water and electrolytes lost from the lungs is:
 - A. Perspiration
 - B. Urine
 - C. Insensible water
 - D. Stool or vomit

16. Pain associated with passing urine is known as:
- A. Dysuria
 - B. Polyuria
 - C. Oliguria
 - D. Pyuria
17. The involuntary elimination of bowel or urinary bladder contents is known as:
- A. Flatulence
 - B. Incontinence
 - C. Retention
 - D. Diarrhoea
18. Which of the following non verbal behavior may signal presence of pain
- A. Praying
 - B. Sighing
 - C. Groaning
 - D. Grimacing
19. Socially prescribed behaviors exhibited by people after the death of their significant other is called:
- A. Grief
 - B. Mourning
 - C. Bereavement
 - D. Anger
20. NANDA is:
- A. National Association of Nurses and Diagnostic Assessments
 - B. North American Nurses Diagnostics Association
 - C. Nairobi Nurses Diagnostic Association
 - D. North American Nursing Diagnosis Association

SECTION B**SHORT ANSWER QUESTIONS (40 MARKS)**

1. Informed consent is signed by a client before surgery. (8 Marks)
 - a) Define an informed consent, (2 Marks)
 - b) Highlight information by the surgeon before signing the consent form (4 Marks)
2. Explain the following four (4) Maslow's physiologic needs In relation to assessing patient needs. (8 Marks)
3. Describe the four main aims of nursing with examples. (12 Marks)
4. Describe the three (3) phases in the process of wound healing. (6 Marks)
5. Explain the following positions and the procedures done while in these positions. (6 Marks)
 - a. Fowler's position
 - b. Dorsal recumbent
 - c. Lithotomy

SECTION C**LONG ANSWER QUESTIONS (40 MARKS)**

1. Define temperature, pulse, respiration and blood pressure, and explain how each of them is obtained. (20 Marks)
2. Highlight all the steps of the nursing process. (20 Marks)