

## Nursing Theories and Professionalisms Exam 1

### SECTION A

#### MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. Choose the best description of critical thinking
  - A. Thinking that results in putting in place activities related to an accepted standard
  - B. Thinking resulting in acts of wonder, shame and anxiety
  - C. Thinking that makes one attached to friends or colleagues for direction
  - D. Thinking that excites the thinker and reminds of desired future achievements
  
2. People identifying themselves on the basis of ancestral heritage is a form of:
  - A. Racism
  - B. Ethnicity
  - C. Subculture
  - D. Minority
  
3. Stereotyping is:
  - A. Discriminating a less powerful group
  - B. Describing a group of people negatively
  - C. Viewing one's own culture as the only standard
  - D. Profiling and treating people based on their skin color
  
4. The following are forms of nonverbal communication except:
  - A. Voice tone
  - B. Rate of speech
  - C. Body posture
  - D. Books
  
5. The theorist who came up with a hierarchical framework of human needs is:
  - A. Eric Erickson
  - B. Sigmund Freud
  - C. Jean Piaget
  - D. Abraham Maslow
  
6. The first physical assessment technique a nurse uses to obtain objective data is:
  - A. Inspection
  - B. Interviewing
  - C. Taking TPR
  - D. Palpation
  
7. The body's thermostat is:
  - A. Progesterone
  - B. The pituitary gland
  - C. The hypothalamus
  - D. The brain

8. Nosocomial infection refers to:
  - A. Infections through the nose
  - B. Infections brought to the hospital by visitors
  - C. Hospital-acquired infections
  - D. Surgery related infections
  
9. The chain of infection is composed of some of the following:
  - A. Infectious Agent, Susceptible Host and Environment
  - B. Infectious Agent, Mode of Transmission, Susceptible Host
  - C. Time of infection, Place of infection and Person infected
  - D. Client Resistance, Drug Resistance, Microorganism Resistance
  
10. A drug that is ordered to be given as needed is abbreviated as:
  - A. PRN
  - B. BID
  - C. TID
  - D. QID
  
11. Which of the following factors is not true about slowing intravenous fluid flow rate?
  - A. Height of the solution container is low
  - B. Position of the hand with an IV line is not bent
  - C. The tubing is kinked
  - D. There is a blood clot at start of the needle.
  
12. Fluids that would be given to a patient with hypovolemia is:
  - A. Colloid solutions
  - B. Hypertonic fluids
  - C. Crystalloid solutions
  - D. Isotonic fluids
  
13. When tissue layers move on each other to cause pressure ulcers, this is called:
  - A. Shearing
  - B. Friction
  - C. Pinching
  - D. Rubbing
  
14. The movement across membranes of ions and molecules from an area of lesser concentration to an area of greater concentration is:
  - A. Diffusion
  - B. Osmosis
  - C. Active Transport
  - D. Filtration
  
15. Water and electrolytes lost from the lungs is:
  - A. Perspiration
  - B. Urine
  - C. Insensible water
  - D. Stool or vomit

16. Pain associated with passing urine is known as:
- Dysuria
  - Polyuria
  - Oliguria
  - Pyuria
17. The involuntary elimination of bowel or urinary bladder contents is known as:
- Flatulence
  - Incontinence
  - Retention
  - Diarrhoea
18. Which of the following non verbal behavior may signal presence of pain
- Praying
  - Sighing
  - Groaning
  - Grimacing
19. Socially prescribed behaviors exhibited by people after the death of their significant other is called:
- Grief
  - Mourning
  - Bereavement
  - Anger
20. NANDA is:
- National Association of Nurses and Diagnostic Assessments
  - North American Nurses Diagnostics Association
  - Nairobi Nurses Diagnostic Association
  - North American Nursing Diagnosis Association

**SECTION B****SHORT ANSWER QUESTIONS (40 MARKS)**

- Informed consent is signed by a client before surgery. (8 Marks)
  - Define an informed consent, (2 Marks)
  - Highlight information by the surgeon before signing the consent form (4 Marks)
- Explain the following four (4) Maslow's physiologic needs In relation to assessing patient needs. (8 Marks)
- Describe the four main aims of nursing with examples. (12 Marks)
- Describe the three (3) phases in the process of wound healing. (6 Marks)
- Explain the following positions and the procedures done while in these positions. (6 Marks)
  - Fowler's position
  - Dorsal recumbent
  - Lithotomy

**SECTION C****LONG ANSWER QUESTIONS (40 MARKS)**

1. Define temperature, pulse, respiration and blood pressure, and explain how each of them is obtained. (20 Marks)
2. Highlight all the steps of the nursing process. (20 Marks)