

Nursing Theories and Professionalism Exam 4

MCQs

1. When you receive the shift report, you learn that your patient has no special skin care needs. You are surprised during the bath to observe reddened areas over bony prominences. What action is appropriate?
 - A. correct initial assessment form
 - B. Redo the initial assessment and document current findings
 - C. Conduct and document an emergence assessment
 - D. Perform and document a focused assessment on skin integrity
2. The following information can be used as part of patients data except
 - A. Data obtained from medical and nursing histories
 - B. body measurement
 - C. Plan of discharge
 - D. laboratory tests and results
3. When performing physical examination the nurse will:
 - A. utilize body systems
 - B. Compare the findings of each side of the body
 - C, perform an assessment on head to toe manner
 - D. limit data to brief screening
4. The collaborative phase between the nurse and the client , together they set priorities and goal
 - A. Diagnosis
 - B. Implementing.
 - C. Planning
 - D. Evaluation
5. Creativity is a major element of critical thinking. Four stages of creative thinking are:
 - A. Problem solving, critical thinking and creativity
 - B. Inductive reasoning , deductive thinking and rationality
 - C. Rationality, freedom and voluntarily
 - D. Creativity, courage, and rational thinking
6. Health is absence of signs and symptoms of disease or injury. Which model of health is this?
 - A. Ecological model
 - B. Clinical model
 - C. Role performance model
 - D. Adaptive model
7. Elements of Nursing theory include:
 - A. ideas, values, beliefs
 - B. research, education, practice
 - C. construct, proposition, hypothesis

D. Hypothesis, model, framework

8. In making nursing diagnosis, the nurse identifies the following human responses to stressors

- A. Biological, Psychological social
- B. Economic, psychological, social
- C. Social, Environment
- D. Environment, social biological

9. One of the following nurse theorists describe a client as a core of energy resource surrounded by two lines of resistance:

- A. B. Neumen
- B. V. Virginia
- C. Roy Callista
- D. Kings

10. Which statement below states the meaning of a proposition?

- A. a statement that proposes a relationship between concepts
- B. a statement that proposes a relationship between theories
- C. It is a grand theory.
- D. statement that proposes differences between concepts in a model

11. Which statement is true about Nursing theory

- A. Is a structure that links global concepts together and represents the unified whole of large reality.
- B. Factor that affect individual internally and externally, everyday surrounding and setting where nursing care is provided affect individual
- C. A belief, policy, or procedure proposed or followed as the basis of action
- D. Tells of what all people can expect from nursing practice

12. One of the following was referred to as "Lady of the lamp"

- A. Lilian wald
- B. Dorthea Dix
- C. V. Henderson
- D. Florence Nightngale

13. The identified events contributed to development of nursing during the 19th century

- A. Women movement
- B Military wars
- C. Nursing professional organizations
- D. Christianity

14. Which one is not among nursing professional organizations

- A. National Nurses Association of Kenya
- B. American Nurses Association
- C. International Council of Nurses
- D. Cadres of Nurses

15. A patient has a blood pressure 140/90mmhg during the clinic visit. What would the nurse recommend to the patient

- A. Follow up measurement of bloodpressure
- B. immediate treatment by physician
- C. nothing to be done because the reading is due to anxiety
- D. A change in dietary intake

16. Prioritization of a client's care is nursing function in the planning phase. identify priority nursing diagnosis for a client with all the following nursing diagnosis

- A. Risk for skin impairment related to required bed rest
- B. impaired physical mobility related to multiple trauma and coma
- C. impaired gas exchange related to fluid volume overload
- D. ineffective parenting related to inability to communicate with children

17. which of the following describes linkages and interaction among concepts

- A. paradigm
- B. definition
- C. statement
- D. Model

18. You are preparing a bed for a new admission with difficulty in breathing, what type of bed will you prepare?

- A. post operative
- B. Amputation'
- C. Unoccupied
- D. Cardiac

19. Which theory defines nursing as "the science and practice that expands adaptive abilities and enhances person and environment transformation"

- A. Goal attainment Theory
- B. Henderson definition of nursing
- C. Roy's adaptation model
- D. Fay Glen Abdelah's theory

20. Which of the following is likely to give you inaccurate temperature?

- A. Tympanic canal
- B. Oral
- C, rectal
- E. Axilla

Section B. SAQs

- 1 Explain the three phases of a therapeutic relationship as tool for nursing practice (6marks)
- 2 State five common malpractices in nursing (10 marks)
- 3 State five characteristics of nursing profession (10marks)
- 4 Outline three types of nursing standards of care (6marks)

Section C: LAQs:

1. Discuss the ICN's roles in enhancing nursing research (20marks)
2. Describe various nursing care modalities (20 marks)

