

## Community Health Exam 3

### MULTIPLE CHOICE QUESTIONS (40 MARKS)

1. Which is an example of the school nurse's health care provider function?
  - A. Requesting for BCG from the KEPI office for school entrance immunization
  - B. Conducting random classroom inspection during measles epidemic
  - C. Taking remedial action on an accident hazard in the school playground
  - D. Observing places in the school where pupils spend their free times
  
2. A family that is made up of several adults and children living together due to an ideological bond or financial necessity is:
  - A. Extended families
  - B. Cohabiting families
  - C. Communal families
  - D. Nuclear conjugal families
  
3. Family structure is:
  - A. The goals the family make
  - B. Interaction patterns related to roles
  - C. Emotional needs of a family
  - D. The power arrangement of a family
  
4. Family function that meets member needs for food is:
  - A. Provision of needs function
  - B. Maslow's Hierarchy of needs
  - C. Reproductive function
  - D. Affective function
  
5. Concepts of systems theory states that:
  - A. Systems have a boundary
  - B. Families interact randomly
  - C. Individuals in the family are closed subsystems
  - D. Throughput is what come through the system
  
6. When caring for families, the nurse must observe the following that might influence care.
  - A. Family's place of residence
  - B. Family neighborhoods
  - C. Family's culture
  - D. Family likes and dislikes
  
7. The following statement is true for the developmental model
  - A. Community development affects family functions
  - B. Only adults in a family have tasks to perform
  - C. Family members have their individual tasks
  - D. The nurse has no role in family development

8. A diagram that shows at least three generations is the:
- A. Family tree
  - B. Ecomap
  - C. Generational map
  - D. Genogram
9. A sister introduces her girlfriend to her brother as a go-between. What type of role is this?
- A. Informal role
  - B. Formal role
  - C. Role dysfunction
  - D. Expected role
10. The process of adjustment to change is known as
- A. A crisis
  - B. Stress
  - C. Homeostasis
  - D. Adaptation
11. A defense mechanism where an individual acts the opposite of his/her feelings is known as:
- A. Projection
  - B. Denial
  - C. Reaction formation
  - D. Dissociation
12. When a family experiences a negative sudden event, this is an example of:
- A. Extreme crisis
  - B. Situational crisis
  - C. Maturation crisis
  - D. Negative crisis
13. Which services does the government usually offer for families?
- A. Mother and Child Health Services
  - B. Special needs health services
  - C. Father and male child health services
  - D. Well women Health Services
14. The following may be a sign of depression:
- A. Disturbances in sleep patterns
  - B. Feelings of fear
  - C. Rapid or pressured speech
  - D. Shortness of breath
15. The ability of an individual to recover from traumatic and stressful events is:
- A. Reconstitution
  - B. Healing
  - C. Resilience
  - D. Rehabilitation
16. The deliberate use of a drug other than for medical purposes is:

- A. Drug abuse
  - B. Drug intolerance
  - C. Drug use
  - D. Substance dependence
17. Heroin is an example of which drug classification?
- A. Sedatives
  - B. Opioids
  - C. Hypnotics
  - D. Anxiolytics
18. High immunization levels in a community resulting in smaller numbers of susceptible people is:
- A. Passive immunity
  - B. Active immunity
  - C. Natural immunity
  - D. Herd immunity
19. The following factor may affect a family's health seeking behavior:
- A. Relatives who have a medical background
  - B. A rich neighborhood
  - C. Knowledge of the effects of a disease
  - D. Number of children below five years in a family
20. Primary prevention in a family is:
- A. Seeking health care as soon as the baby gets three loose stools
  - B. Seeking the help of a physiotherapist for a parent's arthritis
  - C. Parents providing adequate supervision to their adolescent children
  - D. Ensuring that children accomplish primary education

## SECTION B

### SHORT ANSWER QUESTIONS (40 MARKS)

1. Describe how you would manage a family with a crisis
2. What are the five major functions performed by families?
3. State four types of clients a community health nurse may visit and the care offered during a home visit to such a client.
4. State any eight services offered by the school health nurse.
5. Explain any two effects of mental health on the family

## SECTION C

### LONG ANSWER QUESTIONS (40 Marks)

1. Explain how you would manage a family using the Nursing Process
2. What are the eight (8) Developmental Stages and their associated tasks by Duvall.