

Community Health Exam 4

SECTION A

MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The resources used in a program during an evaluation are known as:
 - A. Outputs
 - B. Inputs
 - C. Outcomes
 - D. Impact

2. Sustainability of Level one (Community Level) services is based on one of the following:
 - A. Existing initiatives and available resources
 - B. Incentives given to community volunteers
 - C. Management of the health activities by the community health facility-
 - D. Activity of the grass-root community

3. Identifying research findings for evidence based practice is guided by:
 - A. The community health nurses' knowledge
 - B. A health topic that has been talked and researched about
 - C. The WHO framework of Primary health care
 - D. The willingness of the community Health Nurse to do literature search in journals

4. Community can be defined as:
 - a. A group of people composed of families of same origin living together
 - b. A group of people with a common characteristic or interest living together
 - c. A cluster of geographical locations and housing conditions
 - d. A larger society that socializes families that are living and working together

5. Community analysis is:
 - A. Analyzing the people in the community to find out their health challenges
 - B. The process of examining community diagnoses to prioritize the challenges in terms of how easily they can be mitigated
 - C. An evaluation of programs implemented as a result of community diagnosis.
 - D. The process of examining data to define needs strengths, barriers, opportunities, readiness, and resources of a community

6. What type of data collection method is using data from a sample of persons from the community?
 - A. Informant interview
 - B. Secondary analysis of existing data
 - C. Survey
 - D. Windshield survey

7. Which one of the following can best describe community development?
 - A. Interventions that provides communities with resources and infrastructure to ease their lives

- B. Interventions that empower people to own and control conditions that affect their lives
- C. Interventions by governments that reduce poverty and disease burden
- D. Interventions by community health workers to mobilize community members for health

8. What are health indicators?

- A. Indicators that point out the community readiness for health interventions
- B. Variables used for community health assessment
- C. Indicators used by Public Health Nurses to assess health centre resources
- D. Variables used by Community Health Workers

9. Summative evaluation is:

- A. Evaluation to assess program indicators
- B. Evaluation to assess program inputs
- C. Evaluation to assess program outcomes
- D. Evaluation to assess a continuing program

10. Data that is collected for a specific study is:

- A. Secondary data
- B. Collected using questionnaires
- C. Primary data
- D. Experimental data

11. Reflections of serious health problems or fetal diseases in a community are measured by:

- A. Morbidity rates
- B. Fatality rates
- C. Attack rates
- D. Mortality rates

12. When nursing community as a client, service use patterns and treatment data are used as indicators for:

- A. Community status
- B. Community structure
- C. Community process
- D. Community risk factors

13. The following statements are true for disease prevention except:

- A. Prevention saves lives
- B. Prevention improves the quality of life
- C. Prevention is cost effective
- D. Prevention is for specific populations

14. The Kenya Essential Package for Health proposed services to be offered through life-cycles. What is the 5th level of the life-cycle?

- A. 60 years and above
- B. 24 – 59 years
- C. School age
- D. Young adult

15. Which community in history believed that disease was a punishment for sin?

- A. The Babylonians
- B. The Romans
- C. The Hebrews
- D. The Greek

16. As a Community Health Nurse, what activity would you put in place if the mode of transmission of a disease is air borne?

- A. Isolate the patient with barrier nursing precautions
- B. Use disposable devices
- C. Improve hand washing
- D. Isolate the patient with improved ventilation

17. Planning for community health programs must involve stakeholders. Who are the most important stakeholders?

- A. The Government
- B. Health personnel
- C. The community
- D. The affected cohort

18. Which one of the following is true of a leader?

- A. Gets work done to achieve goals through people
- B. Influences people towards achieving a goal
- C. Rewards people to coerce for action
- D. Shows the job to be performed by example

19. Primary Health Care is:

- A. Health for all by the year 2000
- B. The first health care given to individuals, families and the community
- C. A strategy of health care services to attain health for all
- D. Health care focused mainly to developing countries

20. The Alma Atta declaration was:

- A. Declared in Bamako in 1978
- B. A WHO/UNICEF article on how to attain health for all by the year "2000"
- C. Declared in a conference in USSR in 1977
- D. The result of MCH/FP programs in all the countries that signed the declaration

SHORT ANSWER QUESTIONS (20 MARKS)

1. Define the following terms and their calculations (8 Marks)

2. A survey is one of the methods used to collect data in Community assessment. Explain what a survey is and the steps used in a survey. (8 Marks)

3. Highlight the historical perspective of the following communities in relation to community health. (8Marks)

4. Explain why community participation is important in all phases of community diagnosis. (8 Marks)

5. When collecting data for community diagnosis, what health issues will the following variables give? (8 Marks)

LONG ANSWER QUESTIONS

1. Explain your understanding of program evaluation to include the types and components of evaluation. (20 Marks)
2. Describe 5 responsibilities of households in community based approach for addressing health needs at all stages in the life cycle. (20 Marks)